

“What spirit is so empty and blind, that it cannot grasp the fact that the human foot is more noble than the shoe and the human skin more beautiful than the garment with which it is clothed?”

- Michelangelo

“How idiotic civilization is! Why be given a body if you have to keep it shut up in a case like a rare, rare fiddle?”

- Katherine Mansfield

“The best thing to do would be to designate everywhere as clothing optional, and we could leave little fenced in areas for the pruders to prance around in. Call them ‘Prudist Camps’. They could peer out of their fences and indulge in their offensive ‘I’m offended’ behaviour whenever they saw a natural person walk by, without bothering the rest of us.”

- Anonymous

“The main hangup in the world today is hypocrisy and insecurity. If people can’t face up to the fact of other people being naked or smoking pot, or whatever they want to do, then we’re never going to get anywhere. People have got to become aware that it’s none of their business and that being nude is not obscene. Being ourselves is what’s important. If everyone practiced being themselves instead of pretending to be what they aren’t, there would be peace.”

- John Lennon

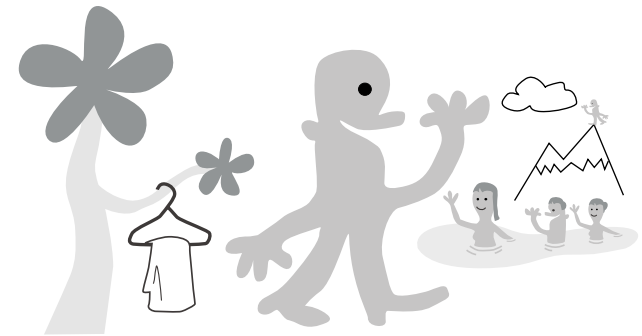
for more quotes and slogans visit
bodyfreedom.org

au natural : communal nudity : innocent : skyclad : bare : clothed in only that : has given you : free expression : public nudity : family values : the freedom to be yourself : nude : every body : without the burden : protesting naked : the human fo : pride : simple living : naturism : the naked revolution : body : bundas-peladas (naked butts) : hippidom : guerilla nudity : your big : one with nature : naked : clothing : naked solidarity : healthy : nude : top : equality : Frei Körper Kultur (FKK) free body culture : without clothes : unrestricted : aware : gymnosophist : nudism : decriminalizing nudity : free bodies : to - earth : how you look : nakedness : optional : family nudity : shameless : human body : the body as an artist's canvas : as god intended : clothes as wasteful packaging : nude activist : self-aware : go naked : sunbathing : physical identity : keep your laws off my body : no government dress codes : relaxed lifestyle : without shame : freedom : the visual appearance of our body : divested of our clothes : open-minded : resisting textiled-conformity : naked by choice : exposed to the elements of nature : unabashed : human dignity : nude and natural : sensual : body acceptance : not harmful, not offensive : standing up to prudery : streaking : not gymnophobic : nude communal bathing : running around naked : anatomically correct : naturheilbewegung (natural healing movement) : mass nude protests : without shame : in our natural state : unclothed : liberating the body : bare buns : free beach movement : rejecting the correlation between public nudity and criminal or immoral behavior : skinny-dipping : in the altogether : gymnós : natural body curiosity : body politics : stopping the segregation of the clothed and unclothed : body art : nudity as purity : the natural aesthetic : in the buff : celebration of the beauty of the human body : fun in the sun : rejecting the requirement of permission from authority figures or the law to be naked : wearing only a smile : stark naked : back to basics

Body Freedom Collaborative
PO Box 15364
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The Body Freedom Collaborative

the choice of a new,
body-positive generation



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The Body Freedom Collaborative (BFC) is a grassroots network of artists, writers, outdoor enthusiasts, citizen activists, pranksters, students, educators and entrepreneurs aggressively advancing opportunities on appropriate public lands for body-positive, clothing-free recreation and creative expression, in non-sexual contexts. Our aim is to replace body-negative unawareness with a celebrative passion for wholesome and diverse free expression to help forge a major shift in the way we will live and relate to each other after centuries of unwarranted repression.

Nude Recreation on Public Lands

The BFC is always coming up with new ways to enjoy the great outdoors in the most natural way. Past and planned activities include:

- * kayaking, canoeing & boating
- * snowshoeing, skiing & tubing
- * hiking, nature walks
- * trail/park/beach cleanups
- * yoga & pilates, tug of war
- * mountain biking & bare buns runs
- * open water swimming & skinny-dipping
- * hot spring soaking and polar bare swims
- * kite-flying, stargazing
- * beach & bonfire parties

Advocacy and Creative Expression

The BFC is hard at work developing new ways to have some wholesome and funky naked fun. Past and planned activities include:

- * theatre productions & street theatre & happenings
- * body freedom progressive politics & arts festivals
- * body freedom film festivals, animation for video & web, DVD independent film compilations
- * painting, drawing, photography & design
- * coalition building & social networking
- * legislative lobbying, citizen initiatives & public rallies
- * grassroots citizen action & community outreach
- * guerilla public nudity/civil nudification
- * targeted multimedia campaigns & presentations
- * body-painting & other forms of body art
- * writing (propaganda, fiction, essays, stories, et cetera)

Visit our web site at bodyfreedom.org for more information and to stay up-to-date with the group's activities. Make sure you sign up for our announcement e-mail list by sending an e-mail to gonaked@bodyfreedom.org.

the BFC is a Naturist Network Affiliate

While the BFC is not a naturist or nudist organization, it has chosen to be associated with the **Naturist Network of the Naturist Society (TNS)** because of the common interest in advocating the nude use of public lands.

The mission of The Naturist Society is to promote a culture of body acceptance through clothing-optional recreation, using the tools of education and community outreach. The Naturist Society celebrates the nude human form as inherently wholesome and natural; TNS promotes attitudes of tolerance and respect toward the body, and rejects the exploitation of the body for commercial or sexual purposes.

Nude & Natural (N) magazine is published quarterly by The Naturist Society, founded in 1980 by Lee Baxandall and mandated to be "an educational organization established out of the resources of the free beaches movement to promote clothes-optional lifestyles and recreational and living sites."

Starting out as *Clothed with the Sun* (1980-1989), and evolving into the magazine you see today, *Nude & Natural* is the leading publication on naturism in the United States and the authority on socially responsible and adventurous social nudity.

Consider joining the Naturist Society and subscribing to *Nude & Natural* magazine through the BFC (see form at right). For more information about The Naturist Society, visit their web site at naturistsociety.com

Help open up parks and beaches for clothing-optional use! You can make a difference! As a nonprofit organization* the BFC depends on your generosity for its financial strength. Become a part of the naked conspiracy! Please help with a donation to the BFC today for an unabashed naked tomorrow!

- YES! I want to help set aside public lands for clothing-optional use in metropolitan areas and beyond! In addition to possible active involvement in the near future, please accept my enclosed gift of
- \$50 \$25 \$10
- other _____

YES! I want to receive occasional announcements via e-mail (provide e-mail address below) about activities offered by the Body Freedom Collaborative (BFC)

YES! I live in the U.S.A. and I want to become a member of The Naturist Society (TNS) and receive *Nude & Natural (N)* magazine. When joining TNS through the BFC, a small portion of the TNS membership fee is given to the BFC! I am enclosing:

- \$55/year \$100/2 years

**senior citizen/student rate:

- \$45/year \$80/2 years
(*discount rate available in U.S.A. only. To be eligible, members must provide proof of age 65 or older, or of full-time enrollment in an accepted learning institution.)

TNS/BFC contributing member information:

Name(s) _____

Address _____

City _____ State _____ Zip _____

Phone # _____

E-mail _____

- check here if you would like two TNS cards
- If you prefer First Class shipping of *N* magazine, the cost is \$12 extra PER YEAR.

We accept checks and money orders for payment. Make payable to the "Body Freedom Collaborative" (including TNS memberships). Send all payment to BFC, PO Box 15364, Seattle, WA 98115. Be sure to send an e-mail to gonaked@bodyfreedom.org to speed up processing. Residents of Canada and other countries are encouraged to apply directly through TNS at naturistsociety.com.

*The BFC is a nonprofit social welfare organization with pending 501(c)4 status and so contributions made to the BFC are not tax deductible. This designation allows the BFC greater leeway for legislative lobbying.